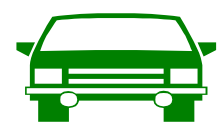


Idling Myth No. 1

The engine should be warmed up before driving.

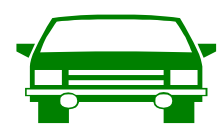
Reality



Idling is not an effective way to warm up your vehicle.



Driving your vehicle is the best way to warm it up.



30-60 seconds of warming up your vehicle is enough.

Idling Myth No. 2

Idling is good for your engine.

Reality



Excessive idling can damage your engine components, including cylinders, spark plugs and the exhaust system.

Idling Myth No. 3

Shutting off and restarting your vehicle is hard on the engine and uses more gas.

Reality



Frequent restarting has little impact on engine components.



More than 10 seconds of idling uses more fuel than restarting the engine.